

# Download Give It A Go Eat A Rainbow

Give It a Go, Eat a Rainbow is an inspired, inspiring romp through eating healthfully. With the help of her son and some talented friends, Guylay makes eating fruits and vegetables a delicious daily habit for all ages. Give It a Go, Eat a Rainbow. The book addresses healthy eating, specifically fruits and veggies, in an engaging and positive way. Targeting early childhood and elementary school age groups, this picture book will be simple yet profound in promoting healthy eating habits in children. Each page is created for maximum engagement,... Give It a Go, Eat a Rainbow uses charming illustrations by 12-year old Alexander Guylay combined with real-life photography and simple rhymes by award winning nutrition educator Kathryn Kemp Guylay to create an augmented reality that immediately draws kids into the story. I gifted Give it a Go, Eat a Rainbow to a dear friend's kids which produced an excitement for them when they shopped for veggies and am now so excited to gift them Where Does a Rainbow Grow to see their exuberance grow at their local farmers market!